

What is the Happy Toilet School Education for Preschools (HTSEP)?



It is vital to instill good toilet manners in young children when they are most vulnerable to germs and viruses. Proper toilet etiquette, once inculcated, helps protect young children from infectious diseases such as Hand, Foot & Mouth Disease (HFMD), Severe Acute Respiratory Syndrome (SARS), influenza and gastric flu. The need to promote a clean and hygienic environment in preschools is hence pertinent.

Adoption of good toilet manners is also a form of character development for young children where they learn to demonstrate social graciousness and consideration for the next user.

To reach out to preschoolers, the Restroom Association (Singapore) (RAS) has specially designed and developed a holistic public health educational programme called the "Happy Toilet School Education for Preschools (HTSEP)" for kindergartens and childcare centres.



Objectives of the HTSEP

Supported by the National Environment Agency (NEA), the HTSEP aims to:

- Inculcate good toilet etiquette and social responsibility towards public toilets in the students
- Improve the cleanliness and hygiene standards of preschool toilets
- Reduce the spread of contagious diseases within the preschool community



How is the HTSEP conducted?

Phase 1: Workshop for Teachers

This one-hour workshop seeks to equip teachers with the know-how about toilet hygiene, toilet cleanliness and implementation of the HTSEP programme.



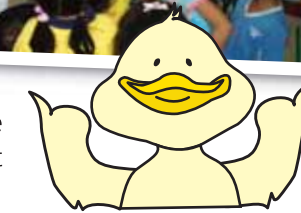
Phase 2: Good Toilet Etiquette Educational Activities for K1 and/or K2 Students



Teachers are required to conduct Lesson 7 to Lesson 12 (i.e. 6 lessons, approximately 1 hour each) of the "Clean and Healthy Me!" educational kit provided by the National Environment Agency (NEA).



Utilizing creative, engaging activities and hands-on participation, preschoolers will learn about good toilet manners and hygiene practices through active exploration, experimentation and interaction during the lessons. Along with the lovable mascot, Debbie Duck, learning about toilet etiquette has never been so much fun!



Phase 3: Rewards and Recognition



To encourage sustained efforts in promoting clean toilets, each involved student will be rewarded with Debbie Duck educational gifts while the preschool centre will receive a Certificate of Participation.

Hear what others say ...

"The children are proud of their clean, dry and pretty loos. They are always reminding one another to practise good toilet etiquette and to take good care of their loos!"

Mrs Katherine Chua, Centre Principal of PCF Sembawang (Blk 730)

"Our students have enjoyed the field trip to inspect public and school toilets. It was an eye-opener for all of us."

Ms Nadiana, K1 & K2 Teacher of PCF Sembawang (Blk 789)

"The children have even reminded their parents to keep their home toilets clean and dry."

Mrs Alice Lee, Centre Principal of PCF Sembawang (Blk 786B)

"This enriching project should be integrated into the school curriculum as it instills many good values in our children."

Mrs Lynn Tan, Centre Manager of Gloryland Learning Centre (Cashew)

"The school toilets are now clean and dry, and they smell nice too! I like to use the school toilets more than my home toilet. I love the toilet rap and I can sing it well!"

K2 student, PCF Sembawang (Blk 15)



About Us

The Restroom Association (Singapore) (RAS) is a non-profit, non-governmental organization that advocates for clean public toilets in Singapore. Established in 1998, the organization is dedicated in raising the standards of cleanliness, design and functionality of public toilets in Singapore.

Working closely with partners from the 3P sectors – People, Private and Public sectors, RAS develops and conducts educational programmes in primary schools, secondary schools and preschools as a continuing effort in promoting the practice of good toilet etiquette.

Restroom Association (Singapore)
Blk 2 Balestier Road #03 -679
Singapore 320002
Tel: 6297 9824 Fax: 6297 9825
Email: info @toilet.org.sg
Website: www.toilet.org.sg

The Happy Toilet School Education Programme for Preschools (HTSEP) is:

Initiated & Conducted by



Supported by



All contents of this publication are correct at the time of print as of 20 July 2007.

Frequently Asked Questions

1. What are the benefits of the HTSEP programme?

For the preschoolers, they can:

- Develop values e.g. consideration for others, personal and social responsibility
- Develop good toilet habits during their early formative years which eventually shape their habits in life
- Gain new knowledge and learn to be responsible for their health through good toilet hygiene practices
- Develop process skills such as problem solving, observing, inferring and generating during Phase 2

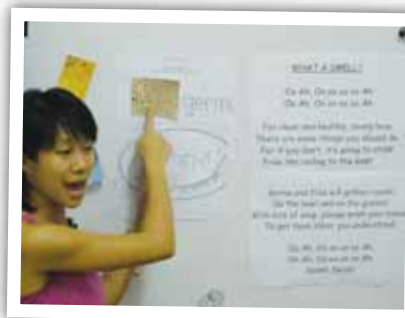


For everyone in the school community:

- Minimize the risk of contagious diseases
- Foster a clean and hygienic environment

2. What are the resources provided?

A resource kit comprising of activity sheets, "Wash Your Hand" jingle and educational materials such as posters will be provided.



3. What are some of the hands-on activities for Phase 2?

Examples include Loo Rap, "Wash Your Hands" jingle coupled with hand-washing steps, field trip and message decoding exercises. Teachers are given the flexibility to improvise the lessons to make the activities more engaging.



4. What is the duration of this programme?

Approximately 4 - 8 weeks.

5. How much will it cost?

RAS' services are free. Costs such as purchase of NEA's Educational Kit with enhancements and transportation costs incurred for field trips are to be borne by the preschool.

Happy Toilet School Education for Preschools (HTSEP)

... Cultivating Good Toilet Manners in Kids